

USD #294
Family And Consumer Science
PARENTING

Course Description: Parenting is a one semester course that focuses on the roles and responsibilities of parents. Parenting emphasizes that becoming a parent is a conscious decision that deserves careful thought and consideration and that carries with it much responsibility. Throughout the course, importance is placed upon the development of caring relationships and meeting the needs of children.

- A. Forming Caring Relationships
 - a. Building relationships
 - b. Changing relationships
 - c. Communication basics

Objectives:

- 1. Identify several types of interpersonal relationships and evaluate the level of personal involvement in each.
- 2. Explain the importance of time in relationship development.
- 3. Give reasons why relationships may change.
- 4. Explain the difference between verbal and nonverbal communication.
- 5. Describe an effective listener.
- 6. Give examples of good timing when communicating with others.
- 7. Discuss the balance of give and take in interpersonal relationships.
- 8. Identify traits of a respectful and caring relationship.

- B. Expressing Sexuality Responsibly
 - a. Personal standards and codes of conduct
 - b. Healthy relationships
 - c. Unhealthy relationships

Objectives

- 1. Identify personal standards and codes of conduct.
- 2. Discuss sexuality issues facing male and female teenagers in today's society
- 3. Define responsible behavior
- 4. Identify traits of a healthy relationship.
- 5. Identify warning signs in relationships.
- 6. List steps involved in handling unhealthy relationships.

- C. Preparing for Parenthood
 - a. responsibilities
 - b. financial planning
 - c. emotional maturity

- d. physical health
- e. lifestyle changes
- f. parenting for life
- g. societal expectations/culture

Objectives

1. List good reasons for becoming a parent.
2. List responsibilities of parents.
3. Determine the financial costs of raising a child.
4. Define emotional maturity.
5. Discuss the importance of emotional maturity and physical health when choosing to become a parent.
6. Describe the lifestyle of a single person without children.
7. Describe the lifestyle of persons with children at home.
8. Describe the lifestyle of persons with children no longer at home.
9. Identify expectations of parents in American society.
10. Compare the expectations of American parents to that of another country.

D. Prenatal Development/Childbirth

- a. heredity vs. environment
- b. stages of development
- c. emotions
- d. complications

Objectives:

1. Distinguish between hereditary and environmental influences on development.
2. Define conception.
3. Define miscarriage.
4. Identify hereditary and environmental influences that may contribute to a miscarriage
5. Describe the factors that may contribute to multiple births.
6. Identify the stages of prenatal development
7. Summarize prenatal development month by month.
8. Describe the physical changes of an expecting mother throughout pregnancy.
9. Examine the variety of childbirth options available today.
10. Identify possible complications during pregnancy and childbirth.
11. Identify the stages of childbirth.
12. Examine the financial and emotional costs associated with normal prenatal development and childbirth.
13. Examine the financial and emotional costs associated with complications during pregnancy, complications during birth or multiple births.
14. Describe the role of the father in prenatal development and childbirth.

E. Alternatives to Biological Parenthood

- a. infertility
- b. adoption
- c. technology
- d. implications

Objectives:

1. Define infertility.
2. Identify hereditary and environmental influences that may contribute to infertility.
3. List parenting options for persons with infertility problems.
4. Identify advantages and disadvantages of alternatives to biological parenthood.
5. Distinguish between open and closed adoption.
6. Discuss the adoption of foreign children into American families.
7. Explore the legal and financial requirements of adoption and other parenting alternatives.
8. Discuss the influence of technology on present and future parenthood alternatives
9. Discuss the ethical issues associated with each parenthood alternative.
10. Predict the impact of genetic technology on the future family.

F. Meeting the Needs of Children

- a. characteristics of development
- b. development of infant, toddler, and preschooler
- c. parenting styles
- d. positive guidance/communication
- e. physical care
- f. nurturing
- g. substitute care
- h. when needs are not met
- i. affect on society, impact of parenting

Objectives

1. List and explain the characteristics of development.
2. Identify the four areas of development.
3. Summarize the physical, emotional, social and intellectual development of an infant.
4. Demonstrate the skills required for daily care of an infant, (bathing, feeding, dressing, diapering, burping, holding).
5. Select appropriate foods for an infant.
6. Summarize the physical, emotional, social and intellectual development of a toddler.
7. Select appropriate foods for a toddler.
8. Summarize the physical, emotional, social and intellectual development of a preschooler.

9. Select appropriate foods for a preschooler.
10. Compare summaries of each age group to actual children in an observation setting.
11. Identify characteristics of each parenting style.
12. Describe advantages and disadvantages of each parenting style.
13. Determine whether the type of communication typical to each parenting style promotes healthy development in the child.
14. Defend a personal opinion of the best parenting style.
15. Distinguish between discipline and punishment.
16. Describe positive guidance.
17. Assess a child's need for guidance.
18. Discuss why a child must be nurtured in addition to having physical needs met.
19. Identify nurturing behaviors and activities.
20. Determine criteria for selecting care and services for children.
21. Demonstrate a positive primary care scenario.
22. Demonstrate a positive secondary care scenario.
23. Define abuse and neglect.
24. Discuss the effects of neglect or abuse on a child.
25. Discuss the ramifications of neglect and abuse to society.
26. Research and evaluate the effectiveness of current child abuse prevention effort.

G. Parenting resources.

- a. Local agencies
- b. Legislation/family law
- c. Parenting License Project

Objectives:

1. Identify local agencies that support parents and families.
2. List resources available to parents and families in the workplace and community.
3. Develop a bill of right of for children.
4. Discuss pros and cons of current child protection laws.
5. Create a licensing packet to determine the requirements for becoming a parent.